

**Daniel A. Shadoan, D.O.    Matthew A. Gilmartin, M.D.**  
**2299 Post Street, Suite 308 San Francisco, CA 94115**  
**voice/text: (415) 255-5729 fax: (415) 947-7797 email: info@do-sf.com**

**Policies:**

- Please wear comfortable, loose clothing- avoid tight jeans or skirts/dresses.
- Payment is required at the time of visit. We accept cash, check and all credit cards for your convenience.
- You will receive a bill to submit to your insurance, as we do not bill insurance directly. Reimbursement is likely only from auto insurance (possibly up to 100%) or some PPO policies (20-60% once deductible has been met).
- We do not accept Worker's Comp or HMOs (including Kaiser). We only see Medicare patients independently of Medicare coverage. You will not be reimbursed by Medicare, MediGap or any other supplemental plans.
- We require two full business days notice for cancellations, otherwise the usual fee will be charged. (48 hours except for Monday appointments, which must be cancelled by the Thursday before.)
- As a courtesy, you will receive an automated text or phone call 2-3 days in advance of upcoming appointments. Please confirm or cancel your appointment by replying directly to the text or, if you answer the call live, by following the instructions. However, if you only listen to the voice message later, you must call or text us directly to confirm or cancel. If you do not receive a message at all, please text, email or call us to confirm that you are in our books.
  - o Please note that the automated texts will come from a five digit number, 741-21. Please do not reply to this text with any other messages except to confirm or cancel. To reach our staff person, Carolina, with other messages please use our regular number (415) 255-5729 or email at info@do-sf.com.
- For your first appointment, please confirm with us 3 days prior to the appointment or we may need to cancel.

**Location:**

- 2299 Post Street, Suite 308 - South side of the street between Scott & Divisadero
- Our office is located in the Lower Pacific Heights/Western Addition neighborhood near UCSF Mt. Zion Hospital. There is a front entrance at 2299 Post with a back entrance from a public parking lot (Abm Parking) at 2186 Geary Blvd. between Scott and Divisadero streets. The lot charges \$2 per 15 minutes. It can be full at peak times.
- *We have no on-site reception. When you enter our suite, # 308, the waiting room is the first doorway to the left. The bathroom code is posted on the wall above a button to inform your doctor of your arrival.*

**Directions by Public Transportation:**

BART: from Montgomery St. take MUNI Bus #38 Geary to Divisadero and Geary. Walk ¼ block east on Geary to the first parking lot and walk across it to the back entrance to our building.

MUNI: #38 and #24 stop on Geary and Divisadero. The #1 and #2 also stop nearby on Divisadero.

Transit Terminal: Take the #38 Geary to Divisadero and Geary. Walk ¼ block east on Geary to the first parking lot and walk across it to the back entrance to our building.

GOLDEN GATE TRANSIT: #92 goes from Manzanita Park & Ride to Geary and Divisadero. Or take any GG Transit bus to the Golden Gate Bridge and transfer to the #92 there. Or take a GG Transit bus to Lombard and Fillmore and change to Muni #22 Fillmore to Post St. Then walk about 4 blocks west on Post St. to our office.

**Directions by Car:**

80W (from East Bay) or 101N (from the Peninsula): Take Octavia St. exit off of 101 and go straight 4 blocks and turn left onto Fell. Go 7 blocks and turn right onto Scott and continue to Geary. Turn left onto Geary to get to the paid lot behind the building at 2186 Geary. The main entrance to the building is on Post between Scott and Divisadero.

280N (from Peninsula): Entering city, stay to left towards Hwy 1 Northbound and 19<sup>th</sup> Ave. Continue with main traffic flow veering left onto 19<sup>th</sup> Ave. In Golden Gate Park, stay to right and continue onto Park Presidio Blvd. Turn right onto Geary Blvd. and continue about 16 blocks, then turn right past Kaiser at St. Joseph's Avenue. Turn left onto O'Farrell and then turn left on Divisadero to get to the main entrance or, to get to the back lot, turn left at the next block, Scott and then turn left onto Geary. Enter the last parking lot before the corner of Divisadero, at 2186 Geary Blvd.

101S (from Marin): Take Golden Gate Bridge and continue to Lombard St. exit to the right ½ mile. After freeway ends, continue on Richardson as it veers left to become Lombard. Turn right onto Divisadero, go 16 blocks up and over the hill and turn left onto Post St. The office is halfway down the block on right (South) side. To get to the paid lot in the back of the building, continue to Scott and turn right and then turn right onto Geary to the lot at 2186 Geary.

**Parking:**

- Meters (map here) in the area are 8 minutes per quarter and meter maids check often and some side streets have 2-hour free neighborhood parking and a few have no limits (map here) but watch for street cleaning hours.
- Public Paid Parking Lots:
  - o Closest lot – Enter at 2186 Geary which is on the back side of our building, many others nearby
  - o See a more complete list on our website under Parking and Directions